

**ACTIVITY LISTINGS - ANNUAL TRAVEL**

Description	Annual Trip Category		Annual Trip Category
Abseiling	2	Mountain Biking	2
Activity Centre Holidays	0	Mountaineering	6
Adventure Sailing/Racing	6	Off Road Driving 4X4	1
Angling	0	Off-Piste Skiing (with a guide only)	1
Archery	0	Orienteering	0
Athletics	2	Overland Trips	6
Backpacking	0	Paintballing	2
Basketball	0	Parachuting	aerial activity - see below
Bobsleighs/Skeletons	incl Winter Sports Option	Paragliding	aerial activity - see below
Bouldering	5	Paramotoring	aerial activity - see below
Bungee Jumping	2	Parascending	2
Camping	0	Polo (on horseback)	3
Canoeing (up to Grade 3)	2	Pot-holing	5
Canyoning	4	Powerboat racing	6
Caving	5	Racing (not already mentioned in list)	6
Climbing Indoor	3	Rambling	0
Cricket	1	Rock climbing	5
Cross Country Skiing	6	Rowing (inland)	1
Cycle Racing	6	Rugby Union/League	3
Cycle Touring	1	Safaris (organised by Bona Fide tour operator)	2
Cycling	0	Scrambling	6
Dog Sledding	1	Scuba Diving (over 30m with approp. qualificati	2
Dry Slope Skiing	incl Winter Sports Option	Scuba Diving (to max 30m)	0
Expeditions	6	Shooting	1
Farm Work (not involving machinery)	4	Skateboarding	0
Fencing	0	Ski Jumping	6
Flying (as a pilot/passenger in unlicense	6	Ski Racing	6
Flying (learning to fly)	3	Ski Touring	6
Flying (piloting a licensed light aircraft)	3	Skidoos	2
Glacier Crossing	4	Skiing	incl Winter Sports Option
Gliding	aerial activity - see below	Skydiving	aerial activity - see below
Go-Karting	2	Snorkelling	0
Golf	0	Snow Boarding	incl Winter Sports Option
Gymnastics	2	Squash	0
Hang Gliding	aerial activity - see below	Surfing	0
Heli Skiing	5	Swimming	0
High Diving	2	Trampolining	0
Hiking	0	Trekking (up to 4000m)	1
Hockey/Lacrosse	2	Trekking (up to 7000m)	2
Horse Riding (excl jumps)	2	Triathlon/Marathon (outside UK)	3
Horse Riding (incl jumps)	2	Volleyball	0
Hot Air Ballooning	1	Walking	0
Hunting (on foot and on horseback)	2	Water Skiing (excl jumps)	0
Ice Hockey	incl Winter Sports Option	Water Skiing (incl jumps)	1
Ice Skating	incl Winter Sports Option	Water Sports (including water polo)	0
Jet-Skiing	3	Weightlifting	6
Kayaking/Sea Kayaking	1	White water rafting / Canoeing /Kayaking	2
Kite Surfing	4	Windsurfing	0
Land/Sand Yachting	5	Winter sports (high risk eg ski acrobatics, stunt	6
Marathon Running	3	Winter Sports (including snowboarding, excludi	incl Winter Sports Option
		Working (non manual occupations eg office work, managerial, non-manual work including bars, restaurants)	1
Martial Arts	0	Wrestling	6
Micro-lighting	aerial activity - see below	Yachting/Sailing (inshore/Europe ie within sight	2
Motor Cycle touring	2	Yachting/Sailing (offshore/worldwide but not if i	6
Motor Rallies	6	Zorbing	2

Additional premiums for aerial activities are charged per person as follows:

European Cover: £158 plus Insurance Premium Tax

Worldwide Cover: £242 plus Insurance Premium Tax